

**Some people prefer to spend their lives doing the same things and avoiding changes. Others, however, think that change is always a good thing.**

**Discuss both these views and give your own opinion.**

Over the last half century the high pace of change has become an undeniably bound up fact in the life of human beings. This has been impelled by technological and scientific breakthroughs which are altering our whole life almost in its all aspects. In this regard, some have a tendency to remain with their old habits and shun new experiences while others welcome ~~the~~ change with open arms since they consider it a progress.

Usually counter-change people who seem conventional tend to abide by the past and fail to try new comings like achievements of technology which ~~are included~~ new media, gadgets, virtual networks, and much more besides. Although this group is probably the people who preserve our traditions, customs and also they maintain many cultur~~al~~ aspects alive, as a matter of fact they avoid involving in risk. Not only will they not assay a novel phenomenon, but also they prefer to stick to accustomed matters, because they feel they have achieved some security by doing the same, familiar things.

By contrast, advocates of change who are often pragmatic believe that change is inevitable and based on that approach they are willing to keep ~~pace with their speed up with~~ change, in ~~another words~~, they try to benefit from that. For example, the invention of the computer as a technological development is a change that has had many positive impacts on our lifestyle which if ~~we ignored it~~ we will certainly lose numerous advantages such as decent /good jobs, quality methods of studying and even new enjoyable applications, for we refuse to acquaint ~~ourselves with their application. how those apply.~~

In conclusion, I would argue that change can be an incentive and a positive reinforcement for individuals when they opt for a greater good. However, it can be detrimental if it leads to people neglecting ~~of~~ their traditional patterns of living.

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